



QUARTERLY REVIEW

**JINNAH MEDICAL & DENTAL COLLEGE
JINNAH MEDICAL COLLEGE HOSPITAL
MEDICARE CARDIAC & GENERAL HOSPITAL**



CARDIAC & GENERAL HOSPITAL
Where Patient Care Is At The Heart Of All We Do

APRIL 2015

THINK HEART THINK MEDICARE

INAUGURATION of MEDICARE CARDIAC & GENERAL HOSPITAL

Medicare Cardiac & General Hospital was inaugurated on 15th February, 2015 by Professor Dr. Pirzada Qasim Raza Siddiqui, Vice Chancellor Ziauddin University. Chairman, S.M.Sohail Trust, Prof. Dr. Syed Tariq Sohail, Ex. Director, Syed Adnan Sohail, renowned Doctors, Corporate sector representatives & faculty members of the Jinnah Medical & Dental College were also present on the occasion. Professor Dr. Abdus Samad delivered the welcome address. Deputy Head of Cardiology, Dr. Asif Khan, Head of Administration, Lt. Col (R) Dr. Baqar Nawab, HOD Nursing, Mrs Rozina Nizar, briefed about the facilities. State of the art 150 bedded Medicare Cardiac & General Hospital will provide round the clock emergency services for cardiac patients including a dedicated cardiac emergency department, 24/7 availability for Emergency Angiography, Angioplasty, Cardiac By Pass Surgery for Adult & Pediatrics, Thoracic Surgery, Neurology, Orthopedic & General Surgical Procedures. Professor Dr. Pirzada Qasim Raza Siddiqui said the establishment of this Cardiac Hospital is a great initiative towards the treatment of cardiac patients. Dr. Syed Tariq Sohail while delivering his vote of thanks said "It will be one of the best heart centers of Pakistan, where all types of treatment will be provided and every effort will be undertaken to provide quality care at an affordable cost."



Inauguration Medicare Cardiac & General Hospital



Operation Theater For Adult & Pediatrics Cardiac Surgery



Cath Lab



Consultant Clinic Area



Private Room



Coronary Care Unit

VISITORS GALLERY

Dr. Saeeda Haider

Dr. S. Tipu Sultan

Prof. Dr. Tariq Rafi

Dr. Sulaiman Hasan

Dr. Shafqat Hasan

Maliha & Munir Bhemjee

Dr. Abdul Sattar Essa Jaffer

Mr. Saifuddin

Mr. Nasir Ali Syed

*A very good facility indeed. Please maintain standards & patient care
A superb gift to the city & patients. An excellent addition to the facility for professionals
It's a great change of what I know. Keep it up*

Very well done. Best of Luck

Very impressive facility. I hope it is a success

Awesome impressive state of the art facility! Mubarak & wish you great success

Congrats for centre of excellence. Keep it up!

*God bless for providing this city such a fantastic facility. Best wishes to all the members
of the team*

*Congratulations. May Allah gives Dr. Tariq & his team success in every aspect of life. Good
work!*

FREE HEART CHECKUP

Free heart camp with free screening facilities for ECG, BP, Blood Sugar, Cholesterol & BMI was held at Medicare Cardiac & General Hospital on March 07, 2015. Medicare Cardiologists, Interventionist, Cardiothoracic Surgeons, Medical Specialists, Dietitian examined more than 200 patients.



Feb 16, 2015: SECOND CABG, Mr. Sheikh Riaz Ahmed after 4th day of Surgery.



Feb 23, 2015: Third CABG, Mr. Pervaiz Aslam, following 14 days at follow up OPD.



Feb 28, 2015: First Total Knee Replacement, Mrs. Salma Ahmed with family after 4th day.

INNOVATIONS IN CARDIAC SURGERY

Dr. Syed Taimur Asif Ali, Assistant Professor & Cardiothoracic Surgeon at Medicare Cardiac & General Hospital, delivered this lecture on February 14, 2015.



Geo News, one of the leading Pakistani news channel conducted an interview with our consultant cardiologist, Dr. Asif Khan on the "environmental impact of electronic waste". Dr. Khan emphasised that around 40 million tons of e-waste was produced globally every year and a large portion of this is exported to developing countries like Pakistan. Unsafe handling of this e-waste which contains many heavy metals and dangerous chemicals can cause health hazards not only in the scrap workers but also in the population living in the surrounding areas. He urged the government to bring on relevant legislation which will not only have a positive impact on the health of workers but also result in increase revenues for the government by regularising this trade. He has also stressed the importance for the individual workers to properly cover their skin and to wear goggles and face masks while handling the e-waste.



FACULTY JOURNAL CLUB

JMDC Faculty Journal Club conducts regular lectures every Wednesday. Following lectures were delivered.

Speaker Dr. Syeda Tahura Zain

Periodontics

Topic Tobacco use and Periodontal Patients

Speaker Dr. Mariam Younus

Pharmacology

Topic Efficacy of single dose and triple dose Albendazole and Mebendazole agonist soil transmitted helminths and Taenia species

Speaker Dr. Amna Hussain

Pathology

Topic Dyslipidemia in women with polycystic ovarian syndrome: A case control study in tertiary care hospital of Karachi

Speaker Dr. Farida Hamid /

Prof. Asha Mahesh

Gyn. & Obstetrics

Topic Post-partum insertion of intrauterine device

Speaker Dr. Imran Afzal &

Dr. M. Jawaid

Forensic Medicine

Topic Violent Asphyxial Death

Speaker Dr. Yusra Asrar

Dental Surgery

Topic Severe Periodontal condition as a result of Diabetes Mellitus type-II

WORLD CANCER DAY

World Cancer Day was held at JMDC on February 18 at Dr. Zaki Hasan Auditorium. Two Lectures were held to mark the day:

ORAL HEAD & NECK CANCER AWARENESS was delivered by Prof. Dr. Salman Matiullah, HOD, ENT Dept. He told that according to different research studies, supari, gutka & tobacco consumption have definite role in causing oral cancer. More emphasis should be given for early diagnosis of oral cancer, because if they are diagnosed in initial stages the outcome of treatment are excellent. Due to lack of awareness, poverty & denial, people do not go for diagnostic test (Biopsy & Histopathology) and disease spreads to local & regional nodes. It was also emphasized that the treatment for oral cancer and head & neck cancer is very expensive, therefore there is lot of financial burden on the Patient and his family.

AN OVERVIEW OF GYNECOLOGICAL CANCERS was delivered by Dr. Farida Khattak, Registrar Gynaecology & Obstetrics Department.

WELCOME TO S.M. SOHAIL TRUST

Dr. Aftab Ahmed

Professor
Pathology

Dr. Murad Qadir

Associate Professor & HOD
Community Medicine

Dr Huma Ghazanfar Kiani

Assistant Professor
Dentistry

Dr. Shazia Aftab

Assistant Professor
Gynecology & Obstetrics

Dr. Syed Asif Taimur Ali

Assistant Professor
Cardiothoracic Surgery

Dr. Syed Raza Ali

Assistant Professor
Anesthesiology

Dr. Ali Akbar Panhwar

Anesthetist
Anesthesiology

Dr. Nusrat Mishraz Siddiqui

Echo Cardiographer
Cardiology

Mr. Imdad Ali

Manager
Cath Lab

Ms. Rida Allauddin

Physiotherapist
Cardiac Rehabilitation

Ms. Shabana Umer

Assistant Manager
CSSD

PROFESSIONAL & CONTINUING EDUCATION

NAME	DEPARTMENT	TOPIC	VENUE
Prof. Dr. Mahadev Harani	Clinical Laboratory	Hematology Conference	Rawalpindi

CONVOCATION

JINNAH MEDICAL & DENTAL COLLEGE awarded **342** Degrees for the MBBS graduates of 2013 and 2014, BDS graduates of 2013 and 2014 and Doctor of Pharmacy graduates of 2012, 2013 and 2014.



The Convocation ceremony was held on 7th February 2015 at Jinnah Medical College Hospital, Korangi. Dr. Syed Tariq Sohail, Chairman S. M. Sohail Trust, in his welcome address highlighted the importance of ethical practice. Professor Dr. Pirzada Qasim Raza Siddiqui, as Chief Guest in his keynote address for the graduates, emphasized the importance of acquiring a high degree of skills & knowledge. Professor Dr. Hussain Mehdi, JMDC Principal, said that the College is listed in WHO Directory and many of our graduates are working in Pakistan and all over the world, bringing credit and honor to the Country and JMDC. We are proud of them. Professor Dr. M.Qaiser, Vice Chancellor, University of Karachi spoke about the expectation of the community from the Doctors and the role of JMDC in producing good doctors.



POSITION HOLDERS

The following graduates received Academic Achievement Award for having the best overall academic record in their graduating class.

Nisha Nizar Ali & Uzair Ashraf – MBBS Class of 2013
Rimsha Ali – MBBS Class of 2014
Ayesha Jawaid – BDS Class of 2013
Sohaila Khan – BDS Class of 2014
Kiran Shafiq – PharmD Class of 2012
Muhammad Suleman Imtiaz - Pharm D Class of 2013



Dr. Charles Amjad Ali conducted a special lecture "Ethics" on Jan 5, 2015, for the faculty & students.



MEDICARE CARDIAC & GENERAL HOSPITAL

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