



QUARTERLY REVIEW

Jinnah Medical & Dental College
Jinnah Medical College Hospital

JANUARY-MARCH 2014

WORLD LEPROSY DAY *A Neglected Disease*

Jinnah Medical & Dental College organized World Leprosy Day on January 15, 2014 in collaboration with the Health Education Department of Marie Adelaide Leprosy Centre. Dr Zainab Hassan, Asst Prof Community Health Sciences, JMDC, welcomed the participants and shared the objectives of the seminar. The students of 1st Year MBBS presented a skit, "the stigma and wrong concepts of Leprosy". Dr Ali Murtaza, Director Training, MALC, gave a presentation on the current situation of Leprosy in Pakistan and the challenges ahead to eliminate it from our country. He further stated that a total of 157 Leprosy centers all over the country are not only providing treatment for Leprosy patients, but also comprehensive care, free of charge to patients and their families, addressing their medical and socio economical needs. At the end, Certificates of Appreciation were distributed among the participants. Professor Dr H.R. Ahmed in his concluding remarks lauded the services of Dr Ruth Pfau, founder member of Marie Adelaide Leprosy Centre.



GUEST LECTURE SERIES

PREDICTIVE VALIDITY OF ADMISSIONS CRITERIA

DR SYEDA KAUSER ALI, PhD, Assoc Prof DED, AKUH, delivered the lecture to the faculty members on "Predictive Validity of Admissions Criteria" on Jan 11, 2014. The purpose of this presentation was to enhance awareness regarding criteria used for admissions in medical colleges globally and the predictive value of each in order to make informed decisions for improving admissions processes locally.



THE IMPACT OF TRAUMA ON THE ADOLESCENT BRAIN

SYED ARSHAD HUSAIN, MD, Professor of Psychiatry, Child and Adolescent Psychiatry Fellowship, University of Missouri, Columbia, visited JMDC on Jan 30, 2014.

Dr Husain is known worldwide for his work with traumatized children living in war zones and disaster areas. He delivered interactive session to the students on "the impact of the Trauma on the Adolescent Brain." His presentation stimulated much discussion & questions from the students.



CELEBRATING HEALTHY SMILES

JMDC commemorated the World Oral Health Day for the general public, free dental checkup on March 20, 2014 at Medicare Dental Hospital. It is an International day to celebrate the benefits of healthy mouth and to promote worldwide awareness of issues around oral health and the importance of looking after oral hygiene to everyone.



BIG SCREEN

For our students it was a nice time for enjoyment after their studying hours to see Asia Cup Final live Cricket Match played between Pakistan and Sri Lanka on March 08, 2014. Cricket lover students arranged full sized screen in Cafeteria and decorated the location with Pakistan Flags & most of them wore Pakistan Flag colored T-Shirts.



FACULTY JOURNAL CLUB

JMDC Faculty Journal Club conducts regular lectures every Wednesday. Following lectures were delivered:

Speaker Dr Imran Ishaq

Asst Prof Anatomy

Topic Determination of Anatomical Variations of Cystic Duct Through Magnetic Resonance Cholangiopancreatography (MRCP)

Speaker Dr Saif ur Rehman

Asst Prof Community Health Sciences

Topic Prevalence of Shisha Smoking in College, University & Madresa students Aged 20-25 Years in Pakistan

Speaker Dr M. Jawaid Memon

Sr Lecturer Forensic Medicine

Topic Arsenic Poisoning in Pakistan Rural Areas

Speaker Dr Mahadev Harani

Professor and HOD Pathology

Topic Approach to Anemia

MYTHS OF ACYANOTIC HEART LESIONS

Dr Babar S Hasan, Consultant Paediatric Cardiologist, Aga Khan University, presented an interactive session with the JMDC faculty members on Myths of Acyanotic Heart Lesions on February 15, 2014. He discussed different ways of managing related issues & informed that around 56,000 children are born every year in Pakistan with this disease, with affected organs of heart & lungs. He said that strict criteria should be used to diagnose pneumonia in shunted lesions besides careful use of oxygen. One should not forget the resistance offered by the peripheral circulation systemic vascular resistance (SVR.) Later, Dr HR Ahmad appreciating the lecture, commented that was the first lecture delivered in context with the Medicare Heart Hospital opening. Mr. Adnan Sohail, Executive Director, thanked Dr Babar for delivering such an informative and coherent lecture and making the session successful.



WORLD CANCER DAY

World Cancer Day was conducted at JMDC on February 19, 2014. It has been recognized that globally cancer incidence has been rising and assuming an alarming situation. Dr Mohsin Girach, Head of College of Dentistry, discussed about "Recent Advancement in Prevention & Diagnosis of Oral Cancer." He informed that incidence and survival of Oral Cancer in Pakistan according to Cancer Registry Lahore was that there were 5700 new cases diagnosed and 2700 deaths occurred each year. Five year survival rate was estimated to be just 45%. He said the incidence has been rising all over the world and rate is faster in South East Asia & it is the third biggest killer cancer, probably due to increased use of tobacco and betel nut. We can reduce Oral Cancer by avoiding indulgence in pan & gutka habit, tobacco, using niswar, alcohol and UV exposure. The faculty, students & staff members attended the program. BDS students made a skit presentation on "Say No To Chaliya & Gutka" In the end Dr Baqar Nawab thanked the audience & certificates were given to the participant students.



CARE

Care & Rehabilitation in Emergency (CARE) is the drug bank established by the JMDC students in November 6, 2001 & is a recognized NGO. The best part is that CARE has tried to keep the FUN in the fund raising. Film "The Conjuring" was shown on Feb 21, 2014 at the college auditorium. Students gladly paid for entry tickets. The fund collected will be used to cover up the cost of treatment for the needy & deserving patients.

JMDC PARTICIPATED IN 15th SCRABBLE CONTEST

JMDC participated in 15th Scrabble Contest held on February 23, organized by Pakistan Scrabble Association at Beach Luxury Hotel. age group people from every field of life along with the students schools/Colleges/ Universities of Karachi, Hyderabad, Badin and Islamabad participated. Thirty top contestants, including JMDC students Hiba Ahmed, Murtuza Khatri, Neha Shoaib & Sumal Mischell from BDS 1st Year were registered for undergoing training and participating in a series of scrabble tournaments. Out of these, a final selection of fifteen players will be made in the coming months for representing Pakistan in the World Youth Scrabble Championship (WYSC) due to be held in September this year in Colombo, Sri Lanka. The prize distribution ceremony marked the conclusion of the colorful event where parents of the participating students were also present



AWARENESS PROGRAM ON WORLD KIDNEY DAY

JMDC organized World Kidney Day on March 19, 2014 with the view to spread awareness regarding significance role of "Kidneys" in human body and the relevant diseases. The faculty, students & staff members attended the program. Dr Ashok Kumar, Assistant Professor, Dept. of Medicine & Allied Specialties, Jinnah Medical College Hospital, highlighted the role & importance of Kidneys. He informed that Kidney function gradually declines with age if associated with other factors like diabetes, hypertension obesity & family history. An enthusiastic response was observed during Q&A session, during which students asked very informative questions. MBBS First Year students made a skit presentation. Dr Mumtazuddin Haider, College Principal, distributed certificates to the faculty members & the participating students.



TRAINING SESSIONS AT JMCH

Two days training workshop organized by Department of Obstetrics & Gynaecology on "LACTATION MANAGEMENT" for the JMCH staff members working in different departments on March 24 & 25, 2014.

Five days training session on "FIRST AID MANAGEMENT" arranged by JMCH Administration for the 15 management staff of Hafeez Garments (Private) Limited from March 10 to 14, 2014.

Department of Medicine & Allied Specialties conducted lecture on "EPILEPSY" at the hospital auditorium on March 13, 2014.

Lecture on "ECZEMA" by Department of Dermatology was delivered on February 21, 2014.

WELCOME TO S.M. SOHAIL TRUST

Dr Atifa Afsheen Sharique
Asst Professor
Obstetrics & Gynaecology

Dr Hoor Fatima
Asst Professor
Biochemistry

PROMOTIONS

Dr Asha Mahesh
Professor
Obstetrics & Gynaecology

Dr Shahid Mirza
Professor
Ophthalmology

PROFESSIONAL & CONTINUING EDUCATION

NAME	DEPARTMENT	TOPIC	VENUE
Dr Asha Mahesh	Obstetrics & Gynaecology	Item writing workshop for Licensing exam. of SCHS	CPSP
Dr M. Junaid Lakhani	Dental	MPHE course	DUHS
Dr Tariq Farman	Cardiology	Pak. Hypertension League Annual Symposium	Larkana
Dr Tabassum Alvi	Psychiatry	Workshop on Communication Skills	CPSP
Dr Sheena Mahesar	Obstetrics & Gynaecology	Research Methodology, Biostatistics & Medical Writing for Supervisors	CPSP

Q & A Session

With **Prof Dr Baqir Soomro**
HOD, Anatomy



ANNUAL GRADUATION DINNER

Jan 10, 2014
MBBS, BDS & D Pharm



Q Tell us about your educational background?

A I got primary & secondary education from my native place Kandhkot. I studied intermediate science at Govt Degree College Sukkur in 1974. I graduated (MBBS) from Chandka Medical College, Larkana (Sindh University Jamshoro) in 1979. I did my Post graduation (M.Phil Anatomy) from BMSI, JPMC Karachi University in 1990.

Q When did you know a career in medical education was for you?

A During study at Larkana, my teachers encouraged me for career in medical education.

Q What subjects do you like to teach?

A I am teaching all the disciplines of Anatomy including Embryology, Neuro-Anatomy, Histology & Gross-Anatomy.

Q You have been associated with this College since long time: tell us about its origin & how JMDC is benefiting the students?

A I have been associated with JMDC for more than ten years. This college provides suitable environment for teaching and learning for both, students and teachers. This college has maintained its quality of imparting medical education from its very beginning and it is because of the relentless efforts made by Chairman, Dr Syed Tariq Sohail for the excellence in quality. JMDC is providing the elegance in teaching and is training students (doctors) in such a way that they have the potential to compete at any level. The selection of students on merit basis is the secret of progress in every direction. This college is benefiting the students in many ways & provides free environment to grow.

Q Do you recall any extraordinary experience while during lecture?

A No, every lecture was a different experience.

Q How did you balance your family life with your profession?

A By giving them maximum time after job because I am not doing private practice or part time job.

Q What do you do when you are free?

A Read newspaper, literature & books, search for latest knowledge on the internet.

Q Any habits you would like to inculcate in the minds of students?

A Learning the objectives of study with clarity of concepts.



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