



QUARTERLY REVIEW

July-September, 2016



CARDIAC & GENERAL HOSPITAL
Where Patient Care Is At The Heart Of All We Do





INDEPENDENCE DAY OF PAKISTAN

70th Independence Day was celebrated with great enthusiasm by JMDC students and Medicare staff members. The program began with recitation of the Holy Quran & National Anthem. Participants sang patriotic songs and shared their views in speeches. Most of the students & staff were dressed in green & white.



JMDC PARTICIPATION IN JSMU STUDENTS WEEK

Jinnah Sindh Medical University (JSMU) organized a students week for its affiliated college. Jinnah Medical and Dental College (JMDC) participated in the said event. This included categories like Sports, Declamation, and Elocution, Arts, Naat and Qirat competitions. Students of JMDC got themselves registered in most of the categories and procured both metal and trophies.



PIANO RECITAL By Asad Anees

A Piano Recital was organized at JMDC. Asad began to play the piano at the age of six, with his father as his mentor. Asad is currently a student of III Year MBBS in JMDC, where he has been awarded a full scholarship for complete 5 years by the S. M. Sohail Trust. He played music compositions by Beethoven, Chopin & Mozart.



WELCOME TO S.M.SOHAIL TRUST

Dr. Samia Perwaiz Khan Professor & HOD Pharmacology	Dr. Rubina Ghani Professor Biochemistry	Dr. Sahrish Mukhtar Assistant Professor Anatomy	Dr. Sadia Rashid Assistant Professor Obstetrics & Gynecology	Dr. Rizwana Yasmin Assistant Professor Cardiology
Dr. Jameel Ahmed Burney Assistant Professor Ophthalmology	Dr. Mohsin Qadeer Assistant Professor Neuro Surgery	Dr. Ghulam Mustafa Assistant Professor Urology	Dr. Ghazanfar Ali Shah Assistant Professor Orthopaedics	Dr. Asif Ali Zaidi Assistant Professor Surgery & Allied

ANNUAL GRADUATION DINNER



PROMOTIONS

Dr. Marium Iqbal Professor Dentistry	Dr. Kashif Nisar Associate Professor Biochemistry	Dr. Imran Ishaque Shaikh Assistant Professor Anatomy	Dr. Farzana Aamir Associate Professor Obstetrics & Gynecology
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PROFESSIONAL & CONTINUING EDUCATION

NAME	DEPARTMENT	TOPIC	VENUE
Dr. Mahdev Harani	Clinical Laboratory	Myeloproliferative Disorders	AKUH
Dr. Saadiya Aziz Karim	Obstetrics & Gynecology	To attended Int. Conference Society Of Obs & Gyne	Lahore
Dr. Inkisar Ali	Pediatrics	To attended European Society for Paediatric Gastroenterology, Hepatology & Nutrition Conference	Athens



JINNAH MEDICAL COLLEGE HOSPITAL

PEDIATRIC GALLBLADDER SURGERY

A 4 years old girl presented in outpatient department of JMCH with complain of upper abdominal pain since 6 months. She was in her usual state of health 6 months back when she experienced gradual mild intermittent colicky pain in her upper abdomen. Ultrasound revealed stones in her gall bladder.

As per incidence gall stones are very rare in this age group, so work up was done for metabolic and genetic causes but no significant cause was found. Surgery was performed by Dr Irfan Ali Shaikh, Assistant Professor, JMDC under supervision of Professor Syed Hussain Mehdi. Baby recovered very well & was discharged on 2nd post operative day.



JINNAH COLLEGE OF NURSING

9TH MIDWIFERY CONFERENCE

Atia School of Midwifery & Kohi Goth Hospital of Midwifery organized the 9th Midwifery Conference with a slogan "ماں کو اگر بچانا ہے، تو غم و آنف کو آگے آنا ہے۔" at Kohi Goth Hospital. Different schools of Midwifery were invited. Medicare School of Nursing (MSON) & Jinnah College of Nursing (JCN) faculty members, Mr. Sultan, Mrs Agnus, Mr Azam Ali, Ms. Summita Gill along with 25 students from Midwifery and Generic BSN attended. In the conference various sessions regarding women's needs, rights and midwifery were discussed. The well-known Social Worker and Director of Tehreek-e-Niswan, Sheema Kermani presented a theater performance titled "Hum Aurtein". JCN students delivered presentations on "Antenatal Care". Guest included, Dr. Tazeem Saeed (AKUH) and Dr. Shershah Syed. The posters of MSON with the theme "Violence against Women". The 1st position with Rs. 5000/=cash prize. The participants were awarded shield & certificates.

We Welcome following Consultants:

GENERAL SURGEON



Dr. Muhammad Tufail Bawa
 MBBS, FCPS, FRCS
 Consultant General Surgeon/Urologist
 Renowned Surgeon with expertise
 in General Surgery & Urology.
 Medical Director Patel Hospital, (Ex) CEO MMIH

NEUROSURGEON



Dr. Salman Y. Sharif
 MBBS, FRCS Consultant Neuro Surgeon
 He is specially interested in degenerative disease i.e.,
 disc disease (including Cervical and Lumbar disc disease),
 infections and tumor surgery.
 HOD- Dept. of Spinal & Neurosurgery at LNH

CARDIOLOGIST



Prof. Syed Ihtiaq Rasool
 MD, PhD, (Cardiology), FACC, FSCAI
 Clinical & Interventional Cardiology
 He is Clinical and Interventional cardiologist, expert in
 Coronary Angiography, Coronary Angioplasty and
Valvuloplasty Procedures, with over 15 years of
 experience of Clinical and Academic work.
 Professor of Cardiology at NICVD

NEPHROLOGIST



Prof. Waqaruddin Kashif, MD
 Diplomate American Board of Internal
 Medicine-Nephrology
 Fellowship Critical Care Medicine (USA)
 He has expertise in Diabetes, High Blood Pressure
 (hypertension), Acute and Chronic Kidney Disease,
 Proteinuria, Hemodialysis, Peritoneal Dialysis,
 Kidney Transplantation and Intensive Care Medicine.
 (Ex) Chief of Nephrology, Dept of Medicine at AKUH

ISO 9001:2008

Medicare Cardiac & General Hospital has been awarded
 Certificate of Registration ISO 9001:2008. Mr. Adnan
 Sohail, Executive Director, received the Certificate from
 URS. Management expressed heartiest congratulation to
 the entire staff.



INAUGURATION OF CT SCAN & MRI

CT Scan & MRI services were inaugurated by Mr. Adnan Sohail, Executive
 Director. Medicare Diagnostic Radiology Department is open 24/7,
 providing complete quality health care solutions under one roof for Multi
 Slice CT Scan, MRI, X-Rays, Ultrasound & Color Doppler.



WORLD HYPERTENSION DAY

LECTURE SERIES

Dr. Kaleemullah Shaikh, Interventionist Cardiologist talked about 'Dyslipidemia' and Dr Fawad Farooq Spoke about "Hypertension" in Dr. Zaki Hasan Auditorium. Lectures were attended by students, faculty members, staff & general public.



OUT REACH PROGRAM

Medicare Cardiac & General Hospital in Collaboration with Karachi Gymkhana organized Cardiac Screening Tests at Karachi Gymkhana. Free Consultancy from our Cardiologists, General Physicians, Dietitian, Physiotherapist with free screening for Blood Sugar, Cholesterol, BMD, BMI, Hemoglobin & ECG were offered to the Club Members.



MASALA FAMILY FESTIVAL

Medicare Cardiac & General Hospital participated in Masala Family Festival at Karachi Expo Centre. Consultant Cardiologist, Physiotherapist & Dietitian talked about heart problems & the ways of preventing heart diseases, exercise & life style modification to the stall visitors. Led TV carried cardiac awareness messages for the visitors.



CARDIAC AWARENESS SESSION AT FM 100

FM 96 conducted an interview with Medicare Interventionist Cardiologist, Dr. Kaleemullah Shaikh on heart diseases. Listeners had the opportunity of interacting & discussing many cardiac related issues and received professional advice from our Cardiologist.

KNEE AND HIP REPLACEMENT AND 24 HOURS ORTHOPEDIC EMERGENCY

Under the supervision of Prof. Dr Shahid Noor, Medicare Cardiac & General Hospital is providing best quality Knee and Hip replacement services. At MCGH 350 - 400 surgeries are performed annually making Medicare number # 1 hospital for Knee and Hip replacement in the Private sector in Pakistan.



WE LOST A SUPER HUMAN

A condolence meeting was held at Medicare on July 12, 2016 for Maulana Abdul Sattar Edhi. It was attended by the faculty, staff, and students. MBBS and BDS students, Medicare nursing staff, faculty members, Chairmen & Founder of S.M.Sohail Trust, Dr. Syed Tariq Sohail, spoke about the life & efforts of late Mr Edhi. "May his soul rest in peace" (Ameen).

MEDICARE EYE INSTITUTE

Eye Institute at Medicare has recently started. The eye OPD is fully equipped. All routine & complicated eye surgeries are being performed.



Celebrated Medicare First Anniversary February 15, 2016

