

QUARTERLY REVIEW

Jinnah Medical & Dental College
Jinnah Medical College Hospital

OCTOBER 2014

CONDOLENCE MEETING

Condolence meeting was held on September 17, for the demise of Prof. Dr. Syed Mohibur Rab, who passed away on September 15. Due to his excellence in Medicine, he was awarded Sitara-e-Imtiaz. His contribution and role as the founder father and President of College of Physicians and Surgeon, will always be remembered. Dr. Syed Tariq Sohail, Chairman, S. M. Sohail Trust, Dr. Mumtaz uddin Haider, Principal JMDC, and other senior faculty members shared their views and pay tribute to late Dr. Rab as a prominent Physician, having abilities for spot diagnosis, being an Institutional friend and a great helping hand. He was also the Chief Guest of JMDC convocation 2013.



JMDC GUEST LECTURE SERIES

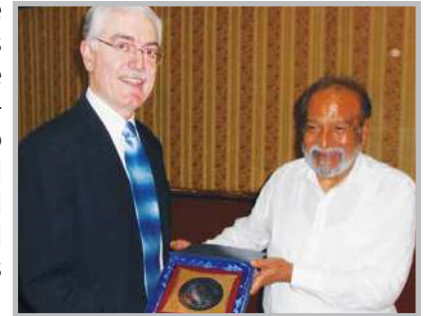
World Heart Day

To commemorate World Heart Day, informative lecture "Are Quality Outcomes Achievable in the Management of Coronary Artery Disease?" by Dr. Hasanat Sharif, Associate Professor of Cardiovascular and Thoracic Surgery, AKUH, was held on September 13, at JMDC. He presented, evidence based data comparing local outcomes with international standards. Dr. Sharif stressed the importance of preventive cardiology in the setting of a developing country like Pakistan and emphasized that without raising public awareness about a healthy lifestyle, the battle against cardiovascular diseases can not be won.



Heart Valve Repair Surgery

Dr. Sulaiman B. Hasan, Head of Cardio-Thoracic Surgery, AKUH, delivered a lecture on 'Heart Valve Repair Surgery' on August 9. Mitral valve repair is a novel technique with better patient outcomes but technically is more challenging. Dr. Hasan presented, evidence based data comparing the outcomes of mitral valve repair versus replacement. He also gave an in-depth insight into different surgical techniques used in both mitral and aortic valves repair.



TRIBUTE TO DR. HABIBA HASAN

On June 21, Pakistan Medical Association, organized a program to pay tribute and to celebrate the services rendered by Dr. Habiba Hasan, JMCH, Pediatrics Consultant. Apart from her professional commitments as a clinician and an academician, her pursuits as an activist are evident from her being a founder member of organizations such as ACELP (Association Of Children With Emotional & Learning Disabilities), AURA (Al Umeed Rehabilitation Association) and SHAP (Speech & Hearing Association Of Pakistan), which also started the first BS program in speech therapy. She is the first person from the Indo-Pak and first ever muslim women to get elected on the international executive committee of Amnesty International, this being its highest body. Her commitment resonates in her work as a focal person to improve the conditions in women & juvenile jails and raising a voice for women & children rights. For women in danger of honor killing & domestic violence, she with companions founded a shelter home named "Panah" and was one of the two lead persons for gender sensitivity training program in Sindh for judiciary and law enforcing agencies. She is a founder member of HERP (Human Rights Education Program) and headed the Medical Aid Committee of Bazm-e-Amna for over 15 years. She received a shield from Dr. Uqalee of PMA in recognition for outstanding humanitarian services rendered.



FACULTY JOURNAL CLUB

JMDC Faculty Journal Club conducts regular lecture every Wednesday. Following lectures were delivered.

Speaker Dr. Imran Afzal
Assoc. Prof. Forensic Medicine
Topic Delayed Death in Hanging

Speaker Dr. Maria Atif
Asst. Prof. Community Medicine
Topic Risk factors for suicidal thoughts in Adolescence - A prospective Cohort study: The Young - Hunt Study

Speaker Dr. Shaur Sheikh
Lecturer Biochemistry
Topic Depression in the Elderly in Karachi, a cross sectional study

Speaker Dr. Eraj Qayamuddin
House Officer Dentistry
Topic Anaphylaxis

Speaker Dr. Usama Khalid
Lecturer Physiology
Topic Early closure of fetal Myelomeningocele and its imaging using serial MRI

STUDENTS CELEBRATE WORLD HEART DAY

The World Heart Day Celebration on September 17 was dedicated to memory of Prof Dr. S. M. Rab. Dr. Zainab Hasan, Co-ordinator, Community Medicine, facilitated a focus group of participants. The objective was to obtain consensus on how we can introduce physical activity, healthy dietary practices and tobacco control at our institute. Participants included representatives of the faculty, supporting departments and students. A consensus was developed that we will encourage each other to use stairs instead of elevator at least for one or two floors and in order to promote this habit signs will be put on elevator doors encouraging use of stairs. The need to maintain a regular 30 minute/5 day a week exercise regime was highlighted which will be supported by the upcoming rehabilitation gym at the campus. To promote a healthy diet, cafeteria operators will be asked to make available fruit, yoghurt, bran bread, nuts and green tea for healthy heart choice. Participants vowed to limit meal sizes and white flour in their homes. It was reaffirmed JMDC is already a tobacco free zone. Additionally, students of MBBS IV year learnt about risk factor modification as part of their module based curriculum. Students symbolically wore red outfits for the day.



INDEPENDENCE DAY PROGRAM

The Independence Day Program was celebrated on August 14 at JMCH. Students from Diploma & Nurse Aid sang national songs, delivered speeches, performed folk dances & presented tableau indicating different cultures of Pakistan. Major (Rtd) Munaza Parveen, Deputy Director, Nursing & Mr. Asim Ali, Deputy Administrator, JMCH, cut the cake for 68th anniversary of Pakistan.

NURSING SEMINAR

Nursing Seminar was arranged by the students of Batch II, Year IV and Semester VIII at JMCH. Topics of the seminar were (1) Nursing Images & Status, (2) Nursing Trends, Issues and Challenges in Health Care System, (3) Contemporary Professional nursing / Legal Aspects.

FAREWELL PARTY

Farewell party for II Batch Generic BScN Degree Program was held at JMCH. Junior students from Generic BScN participated and performed skits, songs, qawali, and assigning the titles to the leaving students. The Director Nursing, Mrs. Ghazala Tariq Sohail, also spoke on the occasion.

STUDENTS ANNUAL FUNCTION & MUSIC COMPETITION



The Annual social event of the College was organized on September 27, at Bahria Auditorium. All Medical, Dental & Pharmacy students made tremendous efforts to make the event successful. Student's performance in singing, drama & dancing drew round applause from the audience. The event was attended by faculty members, staff & students. In the end judges awarded prizes to the winners & certificates to the participants. The music competition was judged by a noted music ustad. Viewers were impressed by the quality & standard of all participants and lauded the College for organizing the event and nurturing the students in becoming well-rounded individuals.



WELCOME TO S.M.SOHAIL TRUST

Dr. Erum Imran
Prof. & HOD
Physiology

Dr. Amna Hussian
Assistant Professor
Chemical Pathology

Dr. Binish Arif Sultan
Assistant Professor
Microbiology

Dr. Syed Akmal Sultan
Assistant Professor
Surgery & Allied-Orthopedics

Dr. Shazia Jatoi
Assistant Professor
Medicine & Allied-Neurology

Mr. Amir Khan
Assistant Manager
Administration

Dr. Sara Shah
Senior Registrar
Dentistry-Orthodontics

Dr. Faiza Khan
Senior Registrar
Dentistry-Prosthodontics

Dr. Sabeela Noor
Senior Lecturer
Biochemistry

PROMOTION

Dr. Syed Meesam Iftikhar H. Rizvi
Professor
Anatomy

Dr. Sunita Jai Parkash
Assistant Professor
Obstetrics & Gynecology

Ms. Sadia Bashir
Senior Lecturer
Pharmacy

PROFESSIONAL & CONTINUING EDUCATION

NAME	DEPARTMENT	TOPIC	VENUE
Dr. Mohd Tariq Farman	Cardiology	ESC Congress 2014	Barcelona-Spain

Q & A Session with Dr. HR Ahmad Professor of Physiology

- Q** What are the three things you want people to know about you?
- A** To establish the culture of research-based education is my passion. Faculty development also interests me. The team of faculty and students should cooperate to promote the learning process.
- Q** Why did you come back from Germany?
- A** AKU was the first medical college in South Asia to have started with a full-fledged PhD faculty in 1983. It had potential to nurture research mentors through a culture of graduate and postgraduate studies leading to MBBS - PhD in basic and clinical sciences.
- Q** When did you join JMDC? What are your achievements?
- A** Joined JMDC in 2010. It has been a great experience of learning Physiology with medical and dental students. You can easily pick up budding scientists from the Student Journal Club. This is a unique medical campus in the country with facilities for integrating science with arts and humanities to develop and hone human relationship with emphasis on public health service. JMC Lecture Series and Faculty Development Sessions on every second Saturday of a month are means of enlightened CME for faculty, students and friends of JMC.
- Q** What are your strengths?
- A** Providing enabling environment to discover out-of-box thinking students.
- Q** The one thing that would provide you a maximum joy?

- A** To witness my students chairing and mentoring faculty and students to drive the generation cycle of an institution. A person can have two birth places: born in a hospital and grown up in an alma mater.
- Q** Lesson you have learnt from life?
- A** Research experience comes through failures. Anything insightfully striving is hard.
- Q** Your inspiration?
- A** Human cooperation should lead to human well-being without walls and barriers.
- Q** Can't say no to?
- A** A critical appreciation that provokes thinking.
- Q** The one thing you would like to change in this world?
- A** Every country should be a country of primary education.
- Q** What gives you the greatest pleasure?
- A** When we can think and reason something new.
- Q** What might be your sincere advice?
- A** Education should be sought because it is different, liberating and superior to training.
- Q** What upsets you?
- A** Apartheid
- Q** What are your views on Pakistan?
- A** The difference between private and public life style is too sharp. It is high time we change our priorities more towards a republic with a public orientation.



IN HOUSE CRICKET TOURNAMENT

In House Cricket Tournament between MBBS & BDS students was held from August 11 to 27, at Karachi Parsi Institute, cricket ground. BDS stood first position & runners up team was MBBS IV year.



PIANO RECITAL BY ASAD ANEES



To celebrate the German Week in Karachi, the Goethe Institute organized Piano Recital program on September 11, by Anees Brothers. Asad Anees, virtuoso pianist & is a free scholarship student of MBBS II Year at JMDC. His repertoire includes works of Beethoven, Chopin, Rachmaninoff, Liszt, Tchaikovsky and many others. He performed on Steinway grand piano, which is one of the top piano brands in the world.



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