



# QUARTERLY REVIEW

Jinnah Medical & Dental College  
Jinnah Medical College Hospital

April - June 2013

## DR. MUMTAZUDDIN HAIDER AUDITORIUM INAUGURATED

JMDC honored College Principal, Dr. Mumtazuddin Haider to inaugurate the JMCH auditorium on May 25, 2013 named after him as "Dr. Mumtazuddin Haider Auditorium". The Program was largely attended by distinguished medical professionals including Dr. Safia Zafar (DUHS), Dr. Sarwar Siddiqui (AKUH), Dr. Saeeda Haider (Indus Hospital), Prof. S. Tipu Sultan (Principal Bahria Medical & Dental College), Dr. Hamid Zaki (Dermatologist), Dr. Talat Sultan (Atia Hospital) & faculty members of JMCH. Dr. Syed Hussain Mehdi, MS & Vice Principal in his welcome address praised the work performed by Prof. Haider. Mr. Adnan Sohail, Ex. Director, S.M. Sohail Trust briefly mentioned the accomplishments of the Hospital during the tenure. Prof. Haider in his speech thanked all those who were present on this occasion. He emphasized to work as a team with high spirits to raise the standard of excellence in patient care, teaching and research. He also said that the Doctors should respect the dignity, individuality and needs of the patients. Dr. Saeeda Haider spoke about the attitude & personality of Prof. Haider. Dr. Tipu Sultan remarked in Visitor's Book about his colleague & JMCH as:

**"Congratulations on great gesture & achievement today. The Place (JMCH) is growing remarkably. My Compliments".**

## DR. IZHAR-UL-HASSAN MEMORIAL LECTURE

### PRIMARY PREVENTION OF CORONARY ARTERY DISEASE

Dr. Izhar-ul-Hassan memorial lecture was held on May 22, 2013 at Dr. Zaki Hasan Auditorium. Dr. Syed Tariq Sohail, Chairman S.M. Shoail Trust, in this memorial lecture paid tribute to late Dr. Izhar-ul-Hassan. He said Dr. Izhar was not just a cardiologist, he was a friend of patients, a family physician & hakeem. Late Dr. Izhar-ul-Hassan served Medicare for around 40 years i.e. from 1973-2013 since its inception. He was the founder of Cardiology Department at Medicare.

### Lecture on PRIMARY PREVENTION OF CORONARY ARTERY DISEASE

was delivered by Dr. Asad ullah Kundi. During the informative session he informed that Cardiovascular diseases are the leading cause of death in the modern world. Majority of patients dying of heart attack, die within first few hours & may not have enough time to see the Doctor. Primary prevention is the most cost effective strategy to face this challenge. Coronary Heart Disease (CHD) risk factors like age, sex & family history cannot be changed. Modifiable risk factors like obesity, smoking and hypertension, requires major life style changes. These are simple to understand but difficult to acquire. However there are strong scientific evidences that healthy life style changes acquired at any age, have substantial impact on the mortality & morbidity. Thus skillful counseling by multi dimensional taskforce of health care provider, educationalist, electronic and print media can facilitate implementation of guide line recommendations among the masses.



From Left: Dr. Safia Zafar (DUHS), Dr. Sarwar Siddiqui (AKUH), Dr. Saeeda Haider (Indus Hospital), Prof. Dr. S. Tipu Sultan (Bahria Medical & Dental College), Dr. Mumtazuddin Haider, Dr. Hamid Zaki (Dermatologist) & Dr. Mrs. Talat Sultan (Atia Hospital).



## Debate Competition

Annual Debate Competition was scheduled on May 27 & 29, 2013 at JMDC Auditorium. The English topic was: International vs National School Education Systems. Pros – Cons. Mrs. Ghazala Sohail, Mrs. Debra Lobo & Ms. Maham Sohail were the judges. The Urdu topic was: Does Social Networking Empower the Students or Hinders their Growth. The judges were Dr. Zainab Hasan Waqar & Dr.S. Messam I.H.Rizvi. Winners were awarded shields & certificates were distributed to all the participants.

### ENGLISH

1<sup>st</sup> Position: Munsif Adil

MBBS 1<sup>st</sup> Year

2<sup>nd</sup> Position: Naveera Jabeen

Pharm D 2<sup>nd</sup> Year

3<sup>rd</sup> Position: Seep Akhtar

MBBS 1<sup>st</sup> Year

### URDU

1<sup>st</sup> Position: Usama Amin

MBBS 1<sup>st</sup> Year

2<sup>nd</sup> Position: Fatima Imam

MBBS 1<sup>st</sup> Year

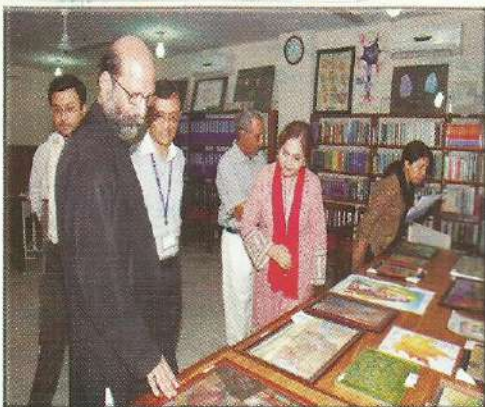
3<sup>rd</sup> Position: Tahira Shah

MBBS 3<sup>rd</sup> Year



## ANNUAL ART EXHIBITION

Annual Art Exhibition was held under the patronage of Professor Dr. Baqar Soomro and Dr. S. Messam I.H. Rizvi. (Anatomy Department) on May 8, 2013 in the College Library. 75 Students from MBBS, BDS & D Pharm participated. The exhibition provided an opportunity for those students who were interested in sketching, charts, painting, photography, & crafts. Faculty, College management, along with judges Mr. Jimmy Engineer & Mrs. Bina Malkani visited the exhibition & greatly appreciated the student's effort & the hard work. Students securing first, second & third position in each category received cash prizes from the Chief Guest.



## Karate Club



M. Saad Salman, student of BDS 1<sup>st</sup> Year arranged Karate demonstration at JMDC Cafeteria on May 20, 2013 to introduce Karate Club for the students. Ice breaking, tiles breaking & stunt performance were greatly appreciated by the students.

## BADMINTON & TABLE TENNIS TOURNAMENTS

Besides imparting high quality professional education, promotion of sports & other extra curricular activities in JMDC are encouraged. Badminton & Table Tennis Tournaments were held in May, 2013. Categories were boys/girls singles & double & mixed double. Medals will be awarded in the sports ceremony.



## WELCOME TO S.M. SOHAIL TRUST

Jan-June 2013

Prof. S.M. Inkisar Ali  
Dr. Omparkash  
Dr. Abdus Salam Khan  
Dr. Zeeshan Kamil  
Dr. Farah Jawad  
Dr. Ashok Kumar  
Dr. Fasih Ur Rehman  
Ms. Afshan Khalid  
Mr. Shaikh Asim Athar

Head of Department  
Assistant Professor  
Assistant Professor  
Assistant Professor  
Assistant Professor  
Clinical Instructor  
Clinical Instructor  
Manager Marketing  
Deputy Administrator

Pediatrics  
Pediatrics  
Orthopedics  
Ophthalmology  
Pharmacology  
Medicine  
Medicine  
JMDC  
JMCH

## PROMOTIONS Jan-June 2013

Congratulations to faculty & the staff members on moving to next level. We hope that they will continue to work with the same zeal & spirit in their new capacities.

Dr. Rizwana Yasmin  
Associate Professor, Pathology

Dr. S.M. Ashraf  
Associate Professor, Surgery

Dr. Aun Ali Khowaja  
Assistant Professor, Surgery

Dr. Asma Safdar  
Assistant Professor, Obs & gynae.

Mr. Sultan Muhammad  
Vice Principal, Nursing

Mr. Zafar Iqbal  
Nursing Manager/ Superintendent

## PROFESSIONAL & CONTINUING EDUCATION March-June 2013

JMDC sponsors & encourages professional & continuing education programs which have a significant role in progress & development. Following were the programs that our faculty/staff participated.

NAME	FIELD	TOPIC	VENUE
Dr. Asmat Jameel	Dentistry	DME Workshop	CPSP
Dr. Huma Naz	Obs & Gynae	Supervisory Skills Workshop	CPSP
Dr. Mariam Iqbal	Dentistry	Health Profession Education	AKUH
Dr. Montasir Junaid	ENT	20th World Congress (IFOS)	Seoul Korea
Prof. S.M. Inkisar Ali	Pediatrics	4th Asian Vaccine Congress	Philippines
Ms. Rukhsana Naqvi	HR	HR as Strategic Business Partner	IBA
Dr. Tabassum Alvi	Psychiatry	Communication Skills Workshop facilitator	CPSP



**Q & A Session**  
with Prof. Dr. Salma Akram  
MBBS M.Phil. Pathology

**Q Since how long you have been associated with this College?**

A I have been associated with JMDC since 1999.

**Q Are your activities limited to teaching or you also get involved in extracurricular activities?**

A I have been interested and taking part as supervisor in most of the extracurricular activities of the College. I was appointed judge in most of the College Debate Competitions, incharge seating arrangement in convocation and one of the judges in Art Competition.

**Q Are you happy and satisfied with your work?**

A I am fully enjoying my work and am more than satisfied.

**Q What do you do when you are free?**

A Rest at home and watch TV, mostly good Pakistani Dramas.

**Q Tell us about your life style & family:**

A Life Style: I walk half hour daily, take simple food with two glass of Lassi every day. I am fond of wearing smart dresses. My Family: My husband Prof Dr. Akram was a very popular teacher in Dow Medical College. He also served as Visiting Professor in JMDC for



From left: Dr. Salma Akram, Mrs. Ghazala Tariq, Dr. Tariq Sohail & Dr. Mumtazuddin Haider

a few years. I have got three children. Dr. Saadia Aamir, Associate Prof. of Pathology at Jinnah Sindh Medical University. Dr. Adnan Akram, Assist. Prof. at Hamadard University & Dr. Sheema Farhan, Associate Prof at Altamash College of Dentistry.

**Q Do you find any change, in students behavior while you are teaching?**

A In my class I don't find any change, the class is always very attentive with pin drop silence.

**Q Message for the upcoming generation:**

A Try to be more disciplined, respect your teachers, give more importance to your studies as compared to Face book and other time wasting computer activities.

**JMDC RECOGNIZED BY THE MEDICAL BOARD OF CALIFORNIA**

The Management of JMDC has announced with great pleasure that the College has been recognized by the Medical Board of California. JMDC graduates are now eligible to apply for a California Postgraduate Training Authorization Letter (PTAL) or a Physicians and Surgeons Certificate.

Please see the following link ([http://www.mbc.ca.gov/appllicant/school\\_recognized.html](http://www.mbc.ca.gov/appllicant/school_recognized.html))

**SPRING CARNIVAL**

Spring Carnival was held on April 6, 2013 at JMDC Foyer in which students from all disciplines participated. Faculty members & staff visited different stalls arranged by the students. Varieties of stalls with colorful presentations depicting student's creativity were appreciated by all.



**JINNAH MEDICAL & DENTAL COLLEGE**

22-23, Shaheed-e-Millat Road, Karachi 7400-Pakistan. Phone # 34938031-32,

Fax # 34938035 E-mail: [jmdc@jmc.edu.pk](mailto:jmdc@jmc.edu.pk), Website: [www.jmc.edu.pk](http://www.jmc.edu.pk)

**JINNAH MEDICAL COLLEGE HOSPITAL**

SR-6, Sector 7-A, Korangi Industrial Area, Karachi 7400-Pakistan.

Phone # 35071854-6-8, Fax # 35073163