



# QUARTERLY REVIEW

Jinnah Medical & Dental College  
Jinnah Medical College Hospital

Oct - Dec 2013

## WORLD MENTAL HEALTH AWARENESS DAY

JMDC organized World Mental Health Day on October 09, 2013. MBBS final year arranged Role Play regarding, old age medical, psychological & social issues with its impact on this age group & the ways to improve it. The program was addressed by guest speaker renowned psychiatrist and president of Pakistan Association for Mental Health (PAMH), Prof Haroon Ahmed, Dr Badar Sabir Ali, Associate Professor Family Medicine Retd. from Aga Khan University & Chairman, S.M.Sohail Trust, Dr Syed Tariq Sohail.



## CONGRATULATIONS TO OBSTETRICS & GYNAECOLOGY DEPARTMENT

The College of Physicians and Surgeons Pakistan has given full accreditation to the College & Hospital for Postgraduate Training in Obstetrics & Gynaecology.

## JMDC GUEST LECTURE SERIES

Dr Thomas Christie, Director, Examination Board AKUH, delivered a lecture to the JMDC faculty members on "Examination System as an Educational Leverage in Pakistan" on November 20, 2013. He was of the opinion that AKUH sets the bar high with emphasis on its world class curriculum & techniques, which should be followed by the educational institutions to raise the educational standard in Pakistan. He said that the qualifying behavior must be changed by eliminating corruption, cheating and malpractice, discouraging coaching industry and a sound foundation of University study. He emphasised on concept-based study, security of papers, integrity process and international equivalence. Dr Thomas was of the view that students must be encouraged to think beyond the immediate confines of the textbook to meet real life demand and to promote cooperation among students by substituting group problem solving for didactic teaching and developing social responsibilities.



## DIABETES PROTECT OUR FUTURE: WORLD DIABETES DAY

Jinnah Medical & Dental College, Students Health Club celebrated World Diabetes Day on November 26, 2013. All the students were dressed in theme color blue. BDS House Officers showed their support by presenting skit on "Diabetes The Silent Killer." MBBS IV YEAR students made a presentation with informative posters. DR Ashok Kumar, Assistant Professor Medicine, Jinnah Medical College Hospital, delivered the lecture. During the session, he informed that WHO ranks Pakistan 7th on diabetes prevalence list and it will become 4th largest by the year 2030. In Pakistan, 6.9 million people are affected by diabetes with the International Diabetes Federation estimating that this number will grow to 11.5million by 2025.



## TO WELCOME NEW STUDENTS

### COMMENCEMENT DAY

Commencement Day for the 17th batch of MBBS and 16th batch of BDS first year students with parents was organized on December 17, 2013. Addressing the new entry and their parents, the Principal Prof. Mumtaz uddin Haider, highlighted the College history and the role of a student at JMDC. The Chairman, Dr Syed Tariq Sohail, welcomed the listeners and encouraged the importance of education and skills necessary for the medical profession. The gathering were given briefing by Head of Dental Section, Dr Mohsin Girach and Vice Principal, Student Affairs, Mrs. Debra Lobo, about College educational policies and procedures.



### ORIENTATION PROGRAM

Orientation program was scheduled for the new students of MBBS & BDS from December 18-20, 2013. The Orientation program is a great source to help each student to understand the overall educational system policies and procedures of JMDC. This important session develops sound understanding of educational methodology, maintaining discipline and the role of a student throughout the educational programs & in extracurricular activities.



### JCN WELCOME AND FAREWELL PARTY

Jinnah College of Nursing (JCN) arranged welcome & farewell party for its students for 1st Batch and 4th Batch Generic BSN Degree Program respectively at Dr. Mumtazuddin Haider Auditorium on 30th Nov 2013. Students from all batches participated. The teachers who achieved 100% results were honored with Achievement Certificate and outstanding students were also awarded with the certificates. Director School of Nursing, Mrs. Ghazala Tariq Sohail addressed and distributed the 100% results certificates among the teachers, Major(Rtd) Munnaza, Mr. Sultan Mohammad and Mr. Sher Alam who taught with professional commitment. She also appreciated Mr. Fayyaz and Miss Sumita, the organizers of the program. Deputy Director, Major Munnaza (Rtd) handed out the certificates to the outstanding students. Students from the leaving batch shared their four years study journey with the juniors.



### SHAUKAT KHANUM BREAST CANCER AWARENESS SESSION

Breast Cancer is the most common cancer in women worldwide. Pakistan has one of the highest incidences of breast cancer in Asia. The best way to fight this cancer is to detect it early and start appropriate treatment. Women below the age of 40 should carry out regular self-examination and those over 40 should undergo regular screening mammography. Dr. Shumaila Shabbir from Shaukat Khanum shared this information for the students & faculty members in a Breast Cancer Awareness Session held on November 21, 2013 at Jinnah Medical College Hospital.



## PSYCHIATRIC CAMP

Psychiatric Camp was planned on September 25, 2013 by JMCH Psychiatry dept. at Burmese Colony. Total 62 patients attended the camp out of which majority were females and were suffering from Mixed Anxiety and Depressive disorders.



## FATIMID BLOOD DONATION CAMP

A Blood Donation Camp was arranged in collaboration with the Fatimid Foundation on October 03, 2013 at JMDC. More than 55 bags were donated from the students.



## WELCOME TO S.M. SOHAIL TRUST

**Dr. Ayaz Hussain Shaikh**  
Deputy Medical Director  
Medicare Heart Hospital

**Prof. Dr. Shamim Ahmed**  
HOD ENT

**Dr. Farhat Bano**  
Assistant Professor  
Biochemistry

**Dr. Salma Razzaque**  
Assistant Professor  
Medicine

**Dr. Sheena Ghulam Mustafa**  
Assistant Professor  
Obstetrics & Gynaecology

**Dr. Sadia Kanwal**  
Sonologist

**Dr. Qurrratulain Saqib**  
Anesthetist

**Dr. Asim Monpuri**  
Senior Registrar  
Prosthodontics

**Dr. Sadia Saleem Rao**  
Senior Lecturer  
Pharmacy

## PROMOTIONS

**Dr. Iram Siddiqa Amir**  
Associate Professor  
Physiology

**Dr. Ashok Kumar**  
Assistant Professor  
Medicine

**Dr. Imran Ishaque Shaikh**  
Assistant Professor  
Anatomy

**Dr. Sunita Jai Perkash**  
Senior Registrar  
Obstetrics & Gynaecology

## PROFESSIONAL & CONTINUING EDUCATION

NAME	DEPARTMENT	TOPIC	VENUE
<b>Mr. S Adnan Sohail</b>	Exec. Director	Patient Care Asia 2013	Singapore
<b>Lt. Col. (R) Dr. Baqar Nawab</b>	Administrator	Patient Care Asia 2013	Singapore
<b>Dr. Shahid Azeem Mirza</b>	Ophthalmology	American Academy of Ophthalmology	USA
<b>Dr. S.M. Inkisar Ali</b>	Pediatrics	Association of Physicians of Pakistani Descent of North America (APPNA)	USA
<b>Dr. M. Mohsin Girach</b>	Dentistry	Introductory Workshop on Educational Planning for Karachi Dental School Faculty	Bahria University
<b>Dr. Wahab Kadri</b>	Dentistry	Introductory Workshop on Educational Planning for Karachi Dental School Faculty	Bahria University

## ACHIEVEMENTS

### Diploma in Health Professions Education

Dr. Zainab Hasan, Assistant Professor and Academic Coordinator, Community Medicine, JMDC completed and received Advanced Diploma in Health Professions Education, Aga Khan University from Prince Karim Aga Khan at the AKU Convocation 2013.



### Successfully Completed FCPS I Dentistry



**Dr. M. Rafay Latif Sheikh**



**Dr. Saqba Alam**

## AN EVENING OF CLASSICAL PIANO

### **ASAD ANEES (MBBS First YEAR)**

A concert was organized at Sind Club on October 11, 2013. It was fully supported and enjoyed by almost 150 audiences as the young Piano Master Asad Anees, student of MBBS YEAR 1 was performing with full confidence and spirit playing different enthralling and touching tunes. He played eight music compositions that included Moonlight Sonata by Beethoven and Blue Danube Waltz by Strauss.



## ANNUAL ADMISSION ENTRANCE EXAM



Entrance exam was held on October 12, 2013

**Q & A Session**  
**With Prof. DR. SYED HUSSAIN MEHDI**  
**Dept. Of Surgery & Allied Specialties Vice Principal-JMDC.**

**Q How long you have been associated with JMCH?**

**A** Since November 2000, I have been associated with JMCH.

**Q How did you find JMCH since its inception?**

**A** JMCH has a potential of progress and is growing in all respect since its inception.

**Q How would you rate hospital if compared with other hospitals in Korangi?**

**A** I rate JMCH as the first in area, serving a huge under privileged population.

**Q What are the most important qualities or personality traits a surgeon should possess?**

**A** Confidence, decision making, skills and open to new techniques.

**Q Do you recall any extra ordinary experience while doing the surgery?**

**A** I revived a patient of accidental extuation during a major abdominal surgery.

**Q What tips would you like to give to the patients, to reduce pre-procedure anxiety?**

**A** Proper counseling makes a lot of difference to relive anxiety.

**Q Tell us about your life style & family?**

**A** Simple life, giving maximum time to family after work, regular vacations, strong binding to patient care.

**Q What do you do when you are free?**

**A** Literature, new research on net & very much interested in automobile engineering research.

**Q Lastly, any message to the aspiring doctors in the field of General Surgery?**

**A** General surgery is back bone of all surgical sub specialties. Young doctors should come in general surgery, as its role is never going to end.



### **JINNAH MEDICAL & DENTAL COLLEGE**

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